## SKM's J. M. Patel College of Commerce, Goregaon West Annual (2022-2023) Report of "N.S.S."

#### **NATIONAL SERVICE SCHEME (N.S.S.)**

The NSS unit of our college strives to inculcate in students a sense of social responsibility and constant commitment to the community. NSS volunteers make it a priority to make sure that everyone in need receives assistance in order to raise their level of living and live with dignity. The total strength of the unit is 200 volunteers who have enrolled themselves with the aim of creating a difference within themselves and society. The unit comprises 100 males and 100 females. It compromises activities at the college, area, and university levels.

#### **COLLEGELEVELPROJECT**

#### 1. INTERNATIONAL YOGA DAY- 21st JUNE, 2022

The NSS Unit celebrated the 7<sup>th</sup> International Yoga Day on 21<sup>st</sup> June 2022. The programme was conducted in association with Patanjali Foundation. The function began with a brief introduction to Yoga Day by Mrs. Poonam Gupta, Yoga Instructor. Mrs. Poonam Gupta demonstrated Yoga with Yoga prayer, after which a few warm-ups and simple asanas were performed by the students and teachers, and the importance of asanas was also explained.46 students (25-boys and 21-girls) and the college's teaching and non-teaching staff members attended the event with great enthusiasm.

#### 2. GURU PURNIMA CELEBRATION - 13th JULY, 2022

Guru Purnima is celebrated to honor our teachers, the importance of Gurus, and the extraordinary bond between a Guru and Shishya (disciple), the NSS Unit prepared greeting cards for all the teachers. Students also distributed roses and chocolates to express their love and respect for the teaching staff.

#### 3. ORIENTATION SESSION BY UNITED WAY - 19th JULY, 2022

To make students understand the importance of the environment and prepare for sustainable life choices, the NSS unit has organized an orientation session in association with United Way Mumbai. The session was conducted by Mrs. Mitali Mutta, a member of United Way Mumbai, working in the department of environment. The speaker focused on how plastic accumulation in the seas and oceans are creating a hazard for the environment and how we as a human being bring solutions to help nature. 33 students (12-boys and 21- girls) attended the orientation.

#### 4. WORKSHOP SESSION BY HEMA FOUNDATION AND IDF - 27th JULY, 2022

To make the students aware of the importance of values and their implication in our daily lives, the NSS unit in association with the HEMA foundation and IDF, organized a workshop on value education. The workshop was conducted by 2 eminent speakers – Mr. Sunder lyer and Mr. Dheeraj Sonar, they focused on the importance of values in the overall social development of one's personality. Videos were shown to students to grasp their attention on the importance of values. The workshop was greatly appreciated by the students. 75 students (45 -girls and 30-boys) attended the session.

#### 5. RAKHI SELLING - 23rd JULY, 2022 5th AUGUST, 2022

To inculcate marketing and communication skills in the volunteers. To focus on the importance of Skills - Entrepreneurship Programme towards better livelihood. were prepared by the mentally challenged students, and the money received by selling of these rakhis was given back to this organization. Students understood the importance of marketing and how they can focus more on these areas. Rakhis were purchased by students, teaching and non-teaching staff too. 14 NSS volunteers (11-boys and 3-girls) volunteered.

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#### 6. NSS ORIENTATION TO FIRST-YEAR STUDENTS - 13th AUGUST, 2023

NSS orientation was organized for the first-year students to guide and motivate them to participate and enroll them as a volunteer of NSS. The orientation was done by Dr. Mrs. Gracy D'souza and I/C Principal Mrs. Pranita Kamath, former NSS PO and Area coordinator. The chief speakers shared their viewpoints about NSS and how it helps in the major development of not only an individual but also society as a whole. Students were truly motivated by our speakers and enrolled themselves as NSS volunteer in large numbers. 110 students (50-boys and 60-girls) attended the orientation.

#### 7. DRY WASTE COLLECTION - 18th AUGUST, 2022

Students collected dry waste from homes and nearby areas for recycling, promoting effective waste management and environmental protection. 50 students (14- boys and 36- girls) joined the collection drive.

#### 8. ORIENTATION BY ANUBHAV YOUTH OF DEVELOPMENT- 18th AUGUST, 2022

To make students understand the community in which they work, to develop among themselves a sense of social and civic responsibility. Mr. Sandesh Lagle inculcated the values and roles of youths and their importance in the upliftment of society among the students. Students were educated with the 5Cs that ensures the overall personality - Competence, Confidence, Connection, Character and Caring. The orientation was attended by 70 students (25- boys and 45- girls)

#### 9. SEMINAR ON HOW NSS CAN CHANGE YOUR LIFE - 06th SEPTEMBER, 2022

The speaker of the seminar was Prof. Prajesh Trotsky. The objective behind the session was to help the student to grow individually and also as a group. Speaker motivated volunteers to dedicate their lives to the objective of NSS and how one's dedication can lead to success not only in students' life but also in the development and upbringing of society as a whole, how NSS can bring a huge impact on one's career as well. The seminar was attended by 60 students (30-boys and 30 -girls)

#### 10. TALK ON DEMOCRACY AND SECULARISM - 12th SEPTEMBER, 2022

Mr. Sandesh Lalge emphasized the importance of diversity, Indian culture, to imbibe a sense of brotherhood and the importance of democracy in our country. The motto of NSS itself says: 'NOT ME BUT YOU", keeping this in the minds of students, our speaker focused on the importance of democracy and secularism and how they can help in the moral development of an individual democracy, and secularism in moral development and personal growth. 47 students (23-boys and 24- girls) attended.

## 11. SEMINAR ON "HOW TO RELIEVE STRESS FROM STUDENT'S LIFE" - 23rd SEPTEMBER, 2022

The speaker B.K Reena emphasized meditation and relaxation techniques to manage stress. The objective of the seminar was to practice techniques to elicit the relaxation response. Students were taught different techniques of relaxation and how to calm one's minds, it was an interactive session.

#### 12. NSS FOUNDATION DAY- CELEBRATION - 24th SEPTEMBER, 2022

On the occasion of NSS Foundation Day, volunteers organized a programme, EX NSS leaders, Mr. Satya (IDF), Dr. Mrs. Gracy D'souza, Shri. C.A Shailesh M. Palsuledesai. were invited as chief guests. The objective of the celebration was to acquire leadership qualities and democratic attitudes and practice national integration and social harmony. Students organized poem recitations gave a speech on the importance of NSS, and

activities and motivated them.

#### 13. GANDHI JAYANTI CELEBRATION - 2<sup>nd</sup> OCTOBER, 2023

As a part of Gandhi Jayanti, a poster-making competition was organized on the lives and values given by Gandhiji. Students actively participated in the competition in large numbers. Posters on different views and thoughts taught by Gandhiji were presented. A pledge was also conducted by the students in keeping alive the morals taught by Gandhiji.

#### 14. KANDIL MAKING AND DIYA SELLING-15<sup>TH</sup> OCTOBER, 2022

The NSS volunteers sold diyas made by the physically challenged students, these diyas were purchased by the students, teaching, and non-teaching staff. The objective of this event was to inculcate marketing and communication skills of the volunteers. The money received from selling kandil and diyas was given for the education of physically challenged students.

#### 15. CPR TRAINING-19<sup>th</sup> OCTOBER, 2022

The objective of CPR training was to give confidence and knowledge to the students in general and NSS volunteers in particular so that they could help the victim by providing basic life support until proper medical help arrives. The experts urged the students to create awareness among the common public so as to act in an effective manner during emergencies. Followed by that, all the NSS volunteers were given a hands-on demonstration of the method of performing CPR using a mannequin.

#### 16. STUDY METHOD AND AMBITION ACHIEVEMENT - 24th NOVEMBER, 2022

A session was conducted to help students to understand the concept of learning each and every content, rather than mugging up. The session was conducted by Mr. Sandesh Lalge. The speaker helped students in understanding what are their various fields through which they can excel and various methods in which they can boost their knowledge and morale.

#### 17. CAMPUS CLEANING DRIVE:

The NSS unit organized a cleanliness drive at the college campus. Around 05 kgs of discarded plastic trash were collected during the cleanliness drive. Later, the plastic waste was disposed of properly.

#### 18. SEMINAR ON WASTE MANAGEMENT – UNITED WAY – 15<sup>™</sup> DECEMBER, 2022

A session was conducted by United Way Mumbai, for the NSS volunteers on the topic of waste management. Volunteers were made awared about the hazardous effects of wastes which can't be recycled, and how it ends up lying on the surface of land and water. Students were made aware about wet and dry waste, the process of its segregation and methods through which it can be recycled.

#### 19. BAMBOO PRODUCT SELLING BY VIVEK SEVANGO- 26th JANUARY, 2023

On the occasion of Republic Day, the volunteers sold bamboo products which was made by the rural women's working in Vivek Seva Kendra, these products were purchased by the students during their 7 days NSS residential camp at the N.G.O. Students were taught about the importance of women's employability and how it is helpful for their daily lives. The products were purchased by the students, teaching and non-teaching staffs.

## 20. SESSION ON INNOVATIVE COURSES IN SKILL DEVELOPMENT 27<sup>th</sup> JANUARY, 2023

A session was conducted by Shree Ram Centre on the importance of skill development for the NSS volunteers, wherein they were made aware of various courses in paramedics, firefighting and beauty courses. Students learnt various fields in which they can pursue their careers and which will enhance their future prospectus.

#### 21. GREEN VALENTINE DAY- 14th FEBRUARY, 2023

NSS unit of our college and Vivek college, together organized "Green Valentine's Day" to promote environmental awareness by planting saplings. Students planted saplings in their respective colleges and distributed plants among each other.

## 22. TALK ON WOMEN'S DAY IN RESPONSE WITH INDIAN CONSTITUTION 08th MARCH, 2023

To celebrate International Women's Day, the NSS unit organized a talk on Women's Right with respect to the Indian Constitution. Various rights vested by the constitution and its importance in upliftment of women and all other sections of the society was introduced to the students.

#### 23. E-WASTE COLLECTION DRIVE-09<sup>th</sup>MARCH, 2023

Our NSS students organized an E-waste collection drive in large numbers. Students collected E-waste and put it in a large box, where all other members can also put it. Since E wastes cannot be easily recycled, this is a good initiative rather than throwing away in the environment.

#### 24. TB AWARENESS SESSION-16th MARCH, 2023

The TB awareness session was organized for the NSS Volunteers and students of our college along with BMS District Officers. In the session, the officers covered how important it is to be aware of the effects of TB if not treated at the time and how one can take measures to protect themselves, their family, and society from its effects. To make students understand, PPTs on related topics were shown during the session.

#### <u>AREALEVELPROJECT</u>

## 25. BEACH CLEANING (BANDRA) ENVIRONMENT AWARENESS WEEK - 7th JUNE, 2022

NSS volunteers organized a beach cleaning activity at Bandra beach on Environment Day, raising awareness about the importance of keeping shores and oceans clean.

#### 26. PAPER BAG MAKING ACTIVITY - 30th JUNE - 1st JULY, 2022

We all are aware of how long it takes plastics to get decomposed, plastics not only harms human beings, but also innocent animals, plants, and all other living organisms. Students pledged to never use a plastic bag again and go for eco-friendly paper bags or cloth bags, they started making bags and small paper and cloth bags for various daily activity uses. The paper bags made by the volunteers were distributed to nearby shops, vegetable, and fruit vendors.

#### 27. HAR GHAR TIRANGA RALLY - 13th AUGUST, 2023

'Har Ghar Tiranga' is a campaign under the sponsorship of Azadi Ka Amrit Mahotsav to encourage people to bring the Tiranga home and to hoist it to mark the 75th year of India's independence. The idea behind the initiative is to invoke the feeling of patriotism in the

unit of our college joined together for this noble initiative and took a rally to the nearby vicinity and adopted areas to encourage and motivate communities to participate and help this cause to become successful, various national patriotic songs and slogans were chanted by the volunteers.

#### 28. TRAFFIC CONTROL ACTIVITY - 9th SEPTEMBER, 2022

The objective behind this activity was to create awareness among youngsters about the perils of rash and negligent driving given the fact that most victims of road accidents are youths. Volunteers urged the community to follow the traffic rules like wearing helmets while riding two-wheelers, wearing seat belts, etc. to have a safe ride.

## 29. BEACH CLEAN-UP DRIVE ON THE OCCASION OF GANPATI VISARJAN - MARVE BEACH - 10<sup>th</sup> SEPTEMBER, 2022

Beach Clean-up drives were organized by the NSS Volunteers who participated in the Nirmalya Collection Drive, all the paper, plastic, thermocol, flowers fruits, and cloth items along with Ganesh Idol were collected before the immersion, dry waste, and wet waste were segregated. Dry waste was handed over for recycling.

#### 30. BLOOD DONATION DRIVE - 17th SEPTEMBER, 2022

As a volunteer for a blood donation drive, organized by Indian railways, our volunteers participated and helped the masses in large numbers. The objective was to sensitize the need of donating blood to the needy in time and motivate all students to take a pledge to donate blood at least once a year. Students volunteered for the blood donation drive. They were motivated and given awareness about the importance of blood donation and how it can help in saving an individual's life.

#### 31. TRAINING SESSION WITH BMC ON TB AWARENESS- 24th SEPT - 4th OCTOBER, 2022

10 volunteers were selected to provide TB awareness to the community to improve early detection and treatment, thereby improving outcomes for individuals and reducing transmission and incidence at the population level.

#### 32. POSHAN BI PADHAI BI AAGANWADI- AAREY COLONY- 26th SEPTEMBER, 2022

NSS volunteers taught students near Aarey Colony, focusing on critical thinking and leadership skills. Volunteers also distributed study materials to the students, volunteers developed a new skill and way of increasing their leadership and communication skills. Meals were also distributed to the students, so they can have nutrition while learning.

#### 33. RALLY ON GANDHI JAYANTI – 1st OCTOBER, 2022

Volunteers took out a rally on the occasion of Gandhi Jayanti, to encourage people and children's' about the teaching and values given to us Mahatma Gandhi. The rally started from the college campus, students prepared different posters- depicting the lives and quotes shared by Mahatma Gandhi. Rally covered from near-by vicinity to adopted areas of the college.

#### 34. STREET PLAY ON GENDER INEQUALITY- 3rd OCTOBER 2022

To celebrate Gandhi Jayanti, Volunteers performed a street play in the adopted area -on gender inequality to create awareness among the public. volunteers depicted how gender inequality is still practiced even after 75 years of independence. The main objective behind choosing this topic- was to make people aware how both genders plays an equal role in the development of a society, and how it can enhance for the development of a nation

#### 35. PLASTIC BAG COLLECTION DRIVE-13th SEPTEMBER, 2022

Volunteers gathered plastic waste lying on the campus and in the neighborhood places. They were urged by volunteers to consume less toxic plastic, which is bad for the environment. And to encourage behavior that will reduce the amount of plastic waste we generate on a daily basis.

## 36. PAPER BAG MAKING – 18<sup>th</sup> SEPTEMBER – 22<sup>nd</sup> SEPTEMBER, 2022 & 4<sup>th</sup> – 5<sup>th</sup> DECEMBER, 2022

Our NSS volunteers made and distributed paper bags to encourage eco-friendly alternatives

#### 37. BLOOD DONATION AWARENESS RALLY – 29th NOVEMBER, 2022

In order to make people aware of the importance of blood in one's life, volunteers organized Blood donation awareness rallies starting from college to the adopted areas-Hanuman Nagar and Prem Nagar. Throughout the rally, volunteers chanted slogans for blood donation and personally pleaded with people to donate blood and save a life.

#### 38. AIDS AWARENESS RALLY-30th NOVEMBER, 2022

Volunteers participated in a health awareness programme rally to mark World AIDS Day. Students shouted slogans and held placards during a health awareness procession. Volunteers distributed red ribbons to teachers, students, and around the neighborhood.

#### 39. BLOOD DONATION CAMP - 2<sup>nd</sup> DECEMBER, 2022

The NSS Unit of our college organized a Blood Donation Camp, and students were informed about the importance of blood and how a unit of blood can save an individual's life. The blood donation camp was organized in association with Meenathai Thackerey Foundation.

A total of 55 units of blood was collected.

#### 40. EYE CHECKUP CAMP - 8th FEBRUARY, 15th FEBRUARY and 1st MARCH, 2023

The NSS unit and Indian Development Foundation (IDF) organized an eye checkup camp for 3 consecutive periods it was a free camp. The camp witnessed the sincere participation of over 100 students, people from nearby areas, and staff members. On this occasion, the experts conducted a comprehensive computerized eye examination and counseled the patients regarding eye care.

#### 41. DENTAL CHECKUP CAMP - 25th FEBRUARY, 2023

Due to the wide publicity which was carried out before the camp, many residents in and around the college benefited. More than 15 volunteers served as volunteers, Knowledge was imparted to them regarding the need for maintaining good oral hygiene as well as how to achieve good oral hygiene by lectures in each classroom and house-to-house visits. Also the distribution of pamphlets was done which emphasized on the benefits of maintaining good oral hygiene

#### UNIVERSITYLEVELPROJECT

#### 42. TALK ON INTERNATIONAL YOGA DAY AND MEDITATION- 22<sup>nd</sup> JUNE, 2022

The NSS Unit organized a 'Talk On International Yoga Day and Meditation' on 22<sup>nd</sup> June 2022 in collaboration with 'Prajapati Brahma Kumaris Ishwariya Vishwa Vidyalaya under the guidance of B.K Reena (chief speaker). The speaker shared the students and the faculties the benefits of Yoga – especially Rajayoga, for mental and physical well-being.

The session emphasized the importance of positive thinking and included a five-minute meditation practice.

#### 43. SAY NO TO DRUGS YES TO LIFE- 24th JUNE, 2022

Volunteers participated in an initiative, organized on the topic- "Say no to Drugs and yes to life". Volunteers were taught about the effects of drugs can affect an individual and society as a whole.

## 44. INTERNATIONAL COASTAL CLEANING DAY - RUN-UP PROGRAM - 4th AUGUST, 2022

Students participated in the International Coastal Clean-up day organized by Mumbai University.

#### **AZADIKA AMRUTMAHATOSAV**

• **Drawing Competition (10th August 2022):** On the occasion of Azadi ka Amrut Mahotsav, the NSS unit of our college organized drawing competition on the topic- My India. Students depicted their views by drawing national leaders, and their view on independent India- before and after independence.

SR. NO.	NAME	CLASS/ROLL NO.	RANK
1	Aniket Mistry	F.Y.B. Com/ 295	1 <sup>st</sup>
2	Arman Usmani	F.Y.B.MS/ 3042	2 <sup>nd</sup>
3	Tulsi Yadav	F.Y.B. SC.IT/ 2057	3 <sup>rd</sup>
	Khushi Singh	F.Y.B.SC.IT/2040	
4	Trupti Kate	T.Y.BAF/ 4219	Consolation
	Sanjana Gupta	F.Y.B.SC.IT/2060	

• Elocution Competition (12<sup>th</sup> August 2022): An elocution competition was organized on the topic- Of unsung freedom fighters or digital India. Students presented their thoughts on the topic and it was indeed creative and innovative ideas put forward by the students. Students were allowed to speak in English, Hindi, or Marathi.

SR. NO.	NAME	CLASS/ROLL NO.	RANK
1	Mihir Angane	T.Y.BMS/ 3262	1 <sup>st</sup>
2	Kashish Dubey	F.Y.B. Com/269	2 <sup>nd</sup>
3	Aniket Sharma	S.Y.B.SC.IT/2101	3 <sup>rd</sup>
4	Arman Usmani	F.Y.BMS/ 3042	Consolation

• Essay Writing Competition (13<sup>th</sup> August 2022): The essay writing competition was organized by the NSS Unit of our college to celebrate Azadi ka Amrut Mahotsav. Students were asked to write an essay on the topic- My view on Independence. Students presented their essays in English, Hindi, and Marathi. Students actively participated in the competition and gave their inputs on their view points on Independence.

#### HINDI:

SR. NO.	NAME	CLASS/ROLL NO.	RANK
1	Pooja Vishwakarma	S.Y.B. Com/ 737	1 <sup>st</sup>
2	Yogita Wankhede	F.Y.B. Com/ 78	2 <sup>nd</sup>
3	Ruksar Shaikh	S.Y.B. Com/ 523	3 <sup>rd</sup>

#### MARATHI:

SR. NO.	NAME	CLASS/ROLL NO.	RANK
1	Deepti Mhatre	S.Y.B. Com / 671	1 <sup>st</sup>
2	Prachi Lad	T.Y.BAF/ 4223	2 <sup>nd</sup>
3	Dhanashri Kinjale	F.Y.BMS/ 3012	3 <sup>rd</sup>

#### **ENGLISH:**

SR. NO.	NAME	CLASS/ROLL NO.	RANK
1	Akshata A Pilke	T.Y.BAF/4233	1 <sup>st</sup>
2	Yogita Wankhede	F.Y.B. Com/ 78	2 <sup>nd</sup>
3	Shreya Gaikwad	F.Y.B.MS/ 3054	3 <sup>rd</sup>
4	Rukshar Shaikh	S.Y.B. Com/ 523	Consolation

- Street play, Dance and Tree plantation (15 August 2022): The NSS Unit organized a tree plantation drive in the college campus. 45 saplings were planted by the participants, ranging from different varieties. Street play was conducted by the students on the topic Color of water in different aspects of life. The street play focused on the importance of water and its value on humanity. Group dance was organized by the students on presenting their views on independence through their dance forms.
- National Anthem Recitation. To keep the spirit of independence alive in the minds of students, National Anthem recitation was organized by the college- following-with NSS volunteers and all other students of the college. It was jointly conducted successfully with the students of junior and degree colleges.
- Independence Day Celebration On the occasion of 75 years of Independence, the college organized a grand celebration. Volunteers performed a street play on the topic of Gender Inequality co-existing in the 21<sup>st</sup> century. Dance performances and speeches were organized on a patriotic theme.
- **Poem recitation (17<sup>th</sup> August 2022) -** Poem recitation was organized in 3 languages English, Hindi, and Marathi. The topic was patriotism, volunteers participated in large numbers, and winners were felicitated.
- **45. FOOD DISTRIBUTION WITH UNITY OF GOOD CAUSE 26<sup>th</sup> SEPTEMBER, 2022**Around 200 meals were distributed under this noble cause, volunteers volunteered with Unity of Good Cause. They learned the importance of food and how it is important to share food with those who are deprived of it.

#### 46. BHAJAN SANDHYA-2<sup>nd</sup> OCTOBER, 2022

On the occasion of Gandhi Jayanti, volunteers participated in the Bhajan Sandhya organized by Mumbai University. Volunteers participated in prayers, bhajans & peace songs organized at Gateway of India.

#### 47. YOGA-SURYANAMASKAR 10th – 12th OCTOBER, 2022

Volunteers organized a Fitness camp conducted with yoga and meditation for physical and mental well-being.

#### 48. UNITY FOR RUN "NATIONAL UNITY DAY"-31st OCTOBER, 2022

National Unity Day honors Sardar Vallabhbhai Patel, India's first home minister, who was instrumental in convincing numerous princely states to join the union. Volunteers pledged and took part in a Rashtriya Ekta Diwas on October 31, 2022. Students participated in the rally organized by the University.

#### 49. ANTI-DOWRY MOVEMENT RALLY- 26th NOVEMBER, 2022

Volunteers participated in rallies organized by Mumbai University, volunteers were educated on how dowry can lead to stressful situations in society and its impact on the overall development of the human being.

#### 50. INTERACTION PROGRAMME AT UNIVERSITY-13th DECEMBER, 2022

Volunteers participated in the interaction programme organized by Mumbai University, volunteers were taught the importance of NSS and how it helps to shape an individual's personality.

## 51. SEMINAR ON RESPONSIBLE CITIZEN TOWARDS WASTE MANAGEMENT- 15<sup>th</sup> DECEMBER, 2022

Volunteers participated in the seminar organized by Mumbai University, on the topic of waste management and segregation.

#### 52. RUN FOR VIVEKANAND "MUMBAI SUSTAINABILITY RUN"- 25th DECEMBER, 2022

A special run was organized by Vivekananda Youth Connect Foundation for spreading the message of Sustainability. It included – the 7th "Run for Vivekananda" Mumbai Sustainability Run - 10 km & 5km timed Run,5km non-timed run, and 2km walkathon.

## 53. GOOD GOVERNANCE CHALLENGES (SPEECH AND ELOCUTION COMPETITION) - 25th DECEMBER, 2022

Volunteers attended and participated in the good governance challenges organized by Mumbai University.

## 54. VISHVA MARATHI SAMELAN - NATIONAL SPORTS CLUB OF INDIA- 6<sup>th</sup> JANUARY, 2023-

Volunteers attended and participated in the Vishva Marathi Samelan organized by National Sports of India.

#### 55. ORGAN DONATION-12<sup>th</sup> JANUARY. 2023

Volunteers participated in the Organ donation awareness organized by Mumbai University. Students were asked to watch a few videos related to organ donation and fill in the given quiz questions, certificates were given to all participants.

### 56. ROAD SAFETY AWARENESS PROGRAMME BY TIMES OF INDIA- 11<sup>th</sup> JANUARY, 2023

Volunteers participated in the road safety awareness Programme organized by Times of India, Volunteers learned about road safety and the importance of following traffic rules.

#### 57. FIRST AID AND CPR TRAINING WORKSHOP-8th FEBRUARY, 2023

Volunteers participated in the First aid and CPR training workshop organized by Dalmia College. Volunteers were given information on various ways of First Aid procedures and how to perform effective CPR, to save a human being in times of need.

#### 58. YOUTH STANDS FOR PEACE-25th FEBRUARY, 2023

Youth Stand for Peace was guided by Gurudev Sri Sri Ravi Shankar, the objective of the event was to inculcate into the minds of young students the motive of peace and its importance in life, ways to reduce stress by performing activities on daily basis.

#### $59. \ \ YUVAK \ BIRADARI-COMMEMORATION \ OF \ DANDI \ SMRUTI-12^{th} \ MARCH, 2023$

Volunteers participated in Yuva Biradari- Commemoration of Dandi Smruti event, the event focused on educating citizens about the Indian civilization and its evolution starting from 5000 years and its impact on the current year. Different forms of arts and dance forms were depicted.

Click here to view Attendance sheet of N.S.S. Advisory Committee held on 27-Sep-23

Click here to view minutes of N.S.S. Advisory Committee held on 27-Sep-23

Mrs. Mukti Shah Ms. Tania Thomas Program Officer

# CArea Co-0

# Advisory committee Meeting.

0 (2022 28)
The meeting of the Advisory Committee of N.S.S. Unit of our college was conducted on 27th September 202 at 11 AM.
at 11 AM.
Following Members were present
Mrs. Pranita kamath (Eprincipal) P. hamar) 27/9/202
Mrs. Gracy D'souza gracyt
Mrs. Shweta Pandey.
Mrs. Mukti Shah (PO) Moshauh
Ms. Tania Thomas (PO) Inthomas
Manish Rajbhar (student leaders) Manish
Shobha Vanghalli (Student leader) Shobba
Mr. Vijay Vishwakarma (Area Co-ordinator)

Date:27/09/2022

### Minutes of the Meeting for NSS Advisory Meeting

The meeting was chaired by the In-charge principal Mrs. Pranita Kamath.

The agenda of the meeting was to discuss the overall planning of the N.S.S activities for the new academic year 2022-23. The planning of the activities was presented in front of the advisory committee. The meeting was attended by Mrs. Pranita Kamath (I/C Principal), Mrs. Gracy D'souza, Mrs. Shweta Pandey, Mrs. Mukti Shah, and Ms. Tania Thomas- NSS P.O. The Area Co-ordinator Mr. Vijay Vishwakarma and from IDF- Mr. Narayan AB Iyer guided the member about the overall activities.

- Vijay Sir suggested various projects and compulsory activities be conducted this year.
- Sir asked to continue with paper bag activities throughout the year.
- E-Waste collection drive to be carried out, in area and college level.
- Area Co-ordinator Mr. Vijay Vishwakarma focused on training POs.
- Sir requested the participation of volunteers for the RD Parade, Adventure Camp, and
- In the meeting it was decided to form a Student's committee and ask them to come up with new ideas related to NSS projects.
- Alumni to be formed for guest lectures.
- Narayan sir suggested a few programmes such as Student Leadership Programme, Military Leadership Programme, and Financial Literacy Programme
- In the meeting it was advised to check NGO's letter first, granted to them by the University for conducting any activities.
- All bills related to NSS purchases, are to be maintained
- Certificate Registration number to be noted down, before giving it away to the students.
- Camp letter to be given to University one month prior to the camp.
- It was unanimously decided to carry forward- Blood Donation camp, Plastic waste awareness, and Cloth collection.
- It was also advised that our college students should not work with NGOs for more than 40 hrs. and NGOs should be registered.
- All members agreed to the suggestion given by Mr. Vijay Vishwakarma, Area Coordinator, Narayan Iyer, and In-Charge Principal Mrs. Pranita Kamath.

phomal In Charge Principal

Muleti PStal **Program Officer** 

Tinthomas **Program Officer** 

Mrs. Pranita Kamath.

Mrs. Mukti Shah

Ms. Tania Thomas